



The Life You Save...May Be Your Own

Fredrick F. Kolberg
Chief Executive Officer

Fred Kolberg, a retired U.S. Navy SEAL and special operations medic, is the co-founder and Chief Executive Officer (CEO) of Trauma Training FX, Inc. (T²FX) and Tactical Training, (T²).

T²FX is a premier company that provides combat medicine first responder training to non-medical personnel following Tactical Combat Casualty Care (TCCC) guidelines. Mr. Kolberg utilizes his decades of combat training experience, bringing “real-world experience” into the training environment.

T² is a premier company that provides tactical training, utilizing decades of combat training experience and brings “real-world experience” into the training environment.

An 18D(Delta) SEAL medic, Mr. Kolberg specialized in combat medicine and excelled as a Vertical Assault Master, Expert Marksman, Helicopter Rope Suspension Training Master (HRST) and Tactical Field Operator. Other mastered skills include Weapons Training, Surveillance Detection, Counter Surveillance, Combat Swimmer, Underwater Demolition, Underwater Search & Rescue and Close Quarters Battle (CQB).

Mr. Kolberg retired from the SEAL teams in 2003 after serving his country for 21 years. Upon his retirement, Mr. Kolberg worked for the State Department, deploying to Iraq and Afghanistan where he served as Team Leader. Following his multiple deployments to the Middle East, Mr. Kolberg was instrumental in establishing the medical program for the Navy’s Visit Board Search and Seizure (VBSS) training. He was one of twelve instructors hand-picked by the Navy to create a training program for Riverine Warfare instruction during which he concentrated his efforts on the Medical curriculum. Mr. Kolberg also created and implemented the medical training curriculum for the Center for the Security Forces at the Navy Expeditionary Combat Command (NECC).

Mr. Kolberg is married and resides in Virginia Beach with his family.